ONLINE SAFETY NEWSLETTER
DECEMBER 2025

Half Term's Focus: Cyber Bullying

This half term, we've been learning about how to stay kind and safe online as part of Anti-Bullying Week, which began on Monday 10th November. The week started with Odd Socks Day, a fun way for children to celebrate what makes everyone unique and to remind us that we're all different but all equal.

What Is Cyber Bullying?

Cyber bullying is when someone is unkind, mean or hurtful to another person using technology — such as messages, emails, social media, online games, or group chats. It can include things like:

What to Do if It Happens

Children are reminded in school to:

1. Tell an adult they trust straight away — a parent, carer, teacher, or another grown-up.

2. Don't reply to unkind messages.

3. Keep evidence (screenshots) if possible.

4. Block and report the person or content if it happens online.

Parents and carers can help by listening calmly, reassuring their child that they've done the right thing by speaking up, and contacting the school if they need further support.

Preventing Cyber Bullying

Talk regularly about how to be kind online, just as we are face to face.

Remind children that words can hurt, even through a screen.

Encourage children to think before they post — "Would I say this in person?"

Keep devices in shared family spaces so it's easier to chat about what's happening online.

How Parents and Carers Can Help

Keep communication open: talk about online life just like real life.

Explore apps and games together so you understand how they work.

Set clear boundaries for screen time and respectful behaviour.

Cyber Ambassador update

Our new Cyber Ambassadors for 2025/2026 have been busy creating a podcast all about **cyber bullying**, which you can listen to on our school website. In the podcast, the children explain what cyber bullying means, how it can make others feel, and what we can all do to help stop it.

Top Tip for Christmas!

Over the festive season, children often spend more time online - especially if they receive new devices or games. Take time to set up **parental controls, check privacy settings and agree family rules** about screen time and online behaviour. A **quick chat and a few safety checks** can help keep Christmas fun, friendly and safe online.

Online Safety Spotlight: New Roblox Parental Controls

Earlier this year, **Roblox introduced new parental control tools** to help families keep children safer. Parents and carers can now **block specific friends, limit which games their child can play and view weekly screen-time summaries**. Talk with your child about who they play with online and remind them to **only connect with people they know in real life**. Click on this link to access more information. Parental Controls Overview – Roblox Support